

Exploring Retirement

Is this programme right for me?

An opportunity to explore your current situation regarding planning and wellbeing in retirement. You can identify what further action you may wish to take to prepare for a fulfilling retirement. It will contribute to informed, realistic financial planning and clarifying your vision for retirement.

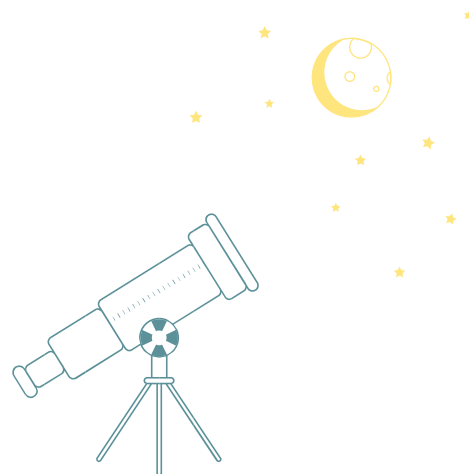
Where you might be starting out:



- You want to review / sense check your existing plans
- You want a supplement to your financial planning
- You are just starting your retirement planning and would like to know what to consider
- You want to know more about what planning for wellbeing in retirement involves
- You are hesitating about your decision to retire
- You have already retired and want to get more out of your retirement

At the end of the coaching you will have:

- Reviewed your personal retirement plans
- Discussed your retirement transition
- Highlighted how prepared you are for retirement
- Explored how you can address some common retirement issues
- Identified areas for further action



Is this coaching right for me?

- ✓ I'd like a broad review of my current plans
- ✓ I'd like to prepare for more than just the financial aspects of retirement
- ✓ I'd like some guidance as I start my retirement planning
- ✓ I want to be more confident in my retirement decisions
- ✓ I want some ideas on what I can work on quickly and easily
- ✓ I want to be clear on the next steps

